



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

This monthly tool can be used to help monitor your pet's over all quality in their daily life:

Good day: ☺ \_\_\_\_\_

Bad day: X \_\_\_\_\_

Monthly tally: \_\_\_\_\_

When assessing the quality of your pet's life, it is important to consider the pet's personal and family interactions. This may help you reach a decision that fits your pet's medical condition and social expectations that you have for your pet. It is important to consider your pet as well as you and your family's wishes and expectations for their life.

Please score each section with a scale of 0-2

2 = this describes my pet well

1 = this somewhat describes my pet

0 = this does not describe my pet

### Physical Health:

Signs of pain are present (pacing, whining, difficulty getting up or moving around)

Changes in breathing patterns (labored, excessive panting) are present

### Mental Health:

Signs of increased stress or anxiety are present

Seems confused or disoriented often

Night time activity is changed (unable to sleep through the night/ difficulty getting comfortable)

Does not enjoy or like the same things (i.e. does not chase squirrels anymore=2)

### Natural Functions:

Food consumption has changed (eating less, picky, needs enticed to eat)

Water intake is changed (increased, decreased, is not drinking at all)

Defecation habits have changed (diarrhea, accidents in the house, unable to control)

Urination habits have changed (accidents in the house, unable to control)

Ability to ambulate is difficult (unable to walk/move comfortably)

### Social Functions:

Does not interact normally with the family (people and other pets)

Desire to interact and be near the family has changed

### Results:

0-6 Quality of life is likely adequate at this time. No medical intervention is required currently, but guidance from your veterinarian will help you to recognize signs to look for in the future.

7-14 Quality of life may be in question and medical intervention is recommended. Your pet would benefit from an evaluation from your veterinarian to assess the disease process that your pet is experiencing.

15-26 Quality of life is a significant concern. The changes in your pet's condition have likely become more progressive and severe in the recent past. Veterinarian guidance will help you become more familiar with the end stages of your pet's disease process. This will help you make a more informed decision on continued hospice care or whether it is time to elect humane euthanasia.